

HOW TO SUPPORT CHILDREN WITH BIG EMOTIONS

PARENT TALK

JOIN MELISSA KAYE, REGISTERED CLINICAL
COUNSELLOR, PARENT AND FORMER TEACHER FOR
AN INFORMATION SESSION ON HOW TO HELP YOUR
CHILD MANAGE THEIR WORRIES



WHAT YOU WILL LEARN:

- HOW ANXIOUS THOUGHTS DEVELOP
- SIMPLE TOOLS FOR PARENTS
- COPING STRATEGIES FOR CHILDREN
- WHERE TO GET SUPPORT

TALK DETAILS

NOVEMBER 26

TIME: 7:30 – 8:30 PM
LOCATION: BOUNDARY
SCHOOL LIBRARY

CLICK TO REGISTER

REGISTRATION ENDS
NOVEMBER 21